

# NorthPointe Medicine, P.C.

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## Patient Information

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Male  Female: Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Blood Type: \_\_\_\_\_

Phone: Home# \_\_\_\_\_ Work# \_\_\_\_\_ Cell# \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed Partner's Name: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

\_\_\_\_\_ Work# \_\_\_\_\_ Cell# \_\_\_\_\_

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## **Consent and Agreement of Financial Responsibility**

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I, \_\_\_\_\_ the undersigned, agree to payment for services as they are rendered.

**Please kindly give 24 hr advance notice if you cannot keep your appointment. Your prompt notice of cancellation allows others to be seen.**

I hereby request and consent to a Zoom virtual Functional Medicine evaluation, for education, guidance, support and recommendations to facilitate my healing by Dr. Barbara Maddoux, RN, DOM, IFMCP. I understand my initial 1 hour virtual visit will be prepaid at the time the consult is scheduled. I understand specific results are not promised or implied and no specific outcome is guaranteed.

I intend this consent form to cover the entire course of treatment for my present condition and any future conditions for which I seek treatment. I agree to hold Dr. Barbara Maddoux harmless.

I acknowledge that the nature of Functional Medicine may require follow-up evaluation to review treatment protocols, lab results, and progress on my healing path. When this occurs I will request a 15 or 30 minute follow up session.

I hereby Consent to evaluation and consultation and agree to the above statement of financial responsibility.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

How did you hear about our Dr. Maddoux? \_\_\_\_\_

Main problem you would like help with? \_\_\_\_\_

How long have you had this problem? \_\_\_\_\_

To what extent does this problem interfere with your daily activities? \_\_\_\_\_

Have you been given a diagnosis for this problem? If so, what? \_\_\_\_\_

If you have had any lab work done in the last 12 months please provide copies: \_\_\_\_\_

What other treatments have you tried, and what has been your response? \_\_\_\_\_

What kind of nutritional changes would you be willing to make for your health? \_\_\_\_\_

**DIET - PERSONAL HABITS**

Height: Current: \_\_\_\_\_ ft \_\_\_\_\_ in 1 year ago: Same or \_\_\_\_\_ ft \_\_\_\_\_ in

Weight: Current: \_\_\_\_\_ lbs 1 year ago: \_\_\_\_\_ lbs

Briefly describe a typical day's meals:

Breakfast \_\_\_\_\_

Lunch \_\_\_\_\_

Dinner \_\_\_\_\_

How many servings of fruits and vegetables do you eat every day? \_\_\_\_\_

Do you diet or restrict your food intake?  No  Yes - if yes please explain \_\_\_\_\_

Do you have a regular exercise program?  No  Yes - if yes please explain \_\_\_\_\_

Do you smoke?  No  Yes - if yes, how much/often? \_\_\_\_\_

Do you drink alcoholic beverages  No  Yes - if yes, how much/often? \_\_\_\_\_

Do you drink coffee, or other caffeinated beverages?  No  Yes - if yes, how much/often? \_\_\_\_\_

Please list any allergies (medication, food, or environmental) you may have: \_\_\_\_\_

List any medications, vitamins, hormones, homeopathics, laxatives, herbs, or other supplements you are taking. Please include doses and how often you take them. **(Attach a separate sheet if needed)**

**PAST MEDICAL HISTORY**

Please indicate if you have/have had any of these significant illnesses and the date of occurrence.

<input type="checkbox"/> Cancer	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Heart Disease
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Respiratory Disease
<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/> Seizures	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Alcohol/Drug Addiction	<input type="checkbox"/> Other: _____	

**FAMILY MEDICAL HISTORY**

Please circle and indicate which family member has had any of the following.

<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Asthma	<input type="checkbox"/> Autoimmune Disorders
<input type="checkbox"/> Cancer (type _____)	<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Seizures	<input type="checkbox"/> Stroke

**Please check if you have experienced any of the following in the last 3 months**

**GENERAL**

<input type="checkbox"/> Head or chest cold	<input type="checkbox"/> Localized Weakness	<input type="checkbox"/> Sudden Energy Drop
<input type="checkbox"/> Flu	<input type="checkbox"/> Fevers or chills	<input type="checkbox"/> Sweat easily
<input type="checkbox"/> Easy to bleed or bruise	<input type="checkbox"/> Peculiar tastes or smells	<input type="checkbox"/> Fatigue easily
<input type="checkbox"/> Strong Thirst	<input type="checkbox"/> Poor sleeping	<input type="checkbox"/> Always fatigued
<input type="checkbox"/> Tremor	<input type="checkbox"/> Poor balance	<input type="checkbox"/> Weight loss
<input type="checkbox"/> Night sweats	<input type="checkbox"/> Cravings	<input type="checkbox"/> Weight gain
<input type="checkbox"/> No thirst	<input type="checkbox"/> Puffiness or swelling	<input type="checkbox"/> Other

**SKIN AND HAIR**

<input type="checkbox"/> Rashes	<input type="checkbox"/> Itching	<input type="checkbox"/> Dandruff
<input type="checkbox"/> Skin ulcers	<input type="checkbox"/> Eczema	<input type="checkbox"/> Hair loss
<input type="checkbox"/> Hives	<input type="checkbox"/> Pimples	<input type="checkbox"/> Recent moles

**HEAD, EYES, NOSE AND THROAT**

<input type="checkbox"/> Glasses	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Sinus Problems
<input type="checkbox"/> Poor Vision	<input type="checkbox"/> Ear Ringing	<input type="checkbox"/> Nose Bleeds
<input type="checkbox"/> Cataracts	<input type="checkbox"/> Poor hearing/hearing loss	<input type="checkbox"/> Teeth grinding
<input type="checkbox"/> Eye Strain	<input type="checkbox"/> Ear aches	<input type="checkbox"/> Teeth problems
<input type="checkbox"/> Night blindness	<input type="checkbox"/> Headaches	<input type="checkbox"/> Gum problems
<input type="checkbox"/> Blurry vision	<input type="checkbox"/> Concussions	<input type="checkbox"/> Recurrent sore throat
<input type="checkbox"/> Eye pain	<input type="checkbox"/> Facial pain	<input type="checkbox"/> Lip/tongue sores
<input type="checkbox"/> Color blindness	<input type="checkbox"/> Jaw click	<input type="checkbox"/> Sore throat
<input type="checkbox"/> Spots in front of eyes	<input type="checkbox"/> Migraines	<input type="checkbox"/> Other
<input type="checkbox"/> Dental Amalgam Fillings	<input type="checkbox"/> Root Canals	

**CARDIOVASCULAR**

<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Low blood pressure	<input type="checkbox"/> Heart murmur
<input type="checkbox"/> Cold hands or feet	<input type="checkbox"/> Blood clots	<input type="checkbox"/> Irregular heartbeat
<input type="checkbox"/> Swelling of hands	<input type="checkbox"/> Phlebitis	<input type="checkbox"/> Palpitations
<input type="checkbox"/> Swelling of feet	<input type="checkbox"/> Fainting	<input type="checkbox"/> Light headedness
<input type="checkbox"/> Angina/chest pain	<input type="checkbox"/> Varicose veins	<input type="checkbox"/> High cholesterol

**RESPIRATORY**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Dry cough                 | <input type="checkbox"/> Bronchitis        | <input type="checkbox"/> Difficulty breathing |
| <input type="checkbox"/> Cough/Phlegm              | <input type="checkbox"/> Coughing up blood | <input type="checkbox"/> Pneumonia            |
| <input type="checkbox"/> Shortness of breath       | <input type="checkbox"/> Painful breathing | <input type="checkbox"/> Emphysema            |
| <input type="checkbox"/> Asthma                    | <input type="checkbox"/> Wheezing          | <input type="checkbox"/> Other                |
| <input type="checkbox"/> Asthma, worse on exertion |  |   |

**GASTROINTESTINAL**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Nausea                    | <input type="checkbox"/> Constipation         | <input type="checkbox"/> Diarrhea       |
| <input type="checkbox"/> Bad breath                | <input type="checkbox"/> Black Stools         | <input type="checkbox"/> Abdominal pain |
| <input type="checkbox"/> Vomiting                  | <input type="checkbox"/> Chronic laxative use | <input type="checkbox"/> Intestinal gas |
| <input type="checkbox"/> Indigestion               | <input type="checkbox"/> Blood in stools      | <input type="checkbox"/> Belching       |
| <input type="checkbox"/> Decreased appetite        | <input type="checkbox"/> Rectal pain          | <input type="checkbox"/> Jaundice       |
| <input type="checkbox"/> Excessive appetite        | <input type="checkbox"/> Hemorrhoids          |   |
| <input type="checkbox"/> Other changes in appetite |   | <input type="checkbox"/> Other _____    |

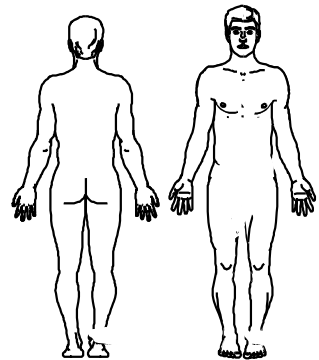
**GENITOURINARY**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Difficult urination    | <input type="checkbox"/> Urgency to urinate       | <input type="checkbox"/> Blood in urine       |
| <input type="checkbox"/> Painful urination      | <input type="checkbox"/> Frequent urination       | <input type="checkbox"/> Herpes               |
| <input type="checkbox"/> Decrease in urine flow | <input type="checkbox"/> Kidney stones            | <input type="checkbox"/> Low sexual energy    |
| <input type="checkbox"/> Cloudy urine           | <input type="checkbox"/> Frequent night urination | <input type="checkbox"/> Excess sexual energy |
| <input type="checkbox"/> Genital sores          | <input type="checkbox"/> Unable to hold urine     | <input type="checkbox"/> Other _____          |

**MUSCULOSKELETAL PAIN OR DISCOMFORT – PLEASE INDICATE LOCATION ON DIAGRAM TO THE RIGHT**

The following best describes the nature of these pains. . . .

- |                                     |   |   |
|-------------------------------------|---|---|
| <input type="checkbox"/> Sharp      | <input type="checkbox"/> Empty                | <input type="checkbox"/> Worse when humid   |
| <input type="checkbox"/> Dull       | <input type="checkbox"/> Tight                | <input type="checkbox"/> Worse when dry     |
| <input type="checkbox"/> Throbbing  | <input type="checkbox"/> Heavy                | <input type="checkbox"/> Worse when hot     |
| <input type="checkbox"/> Distending | <input type="checkbox"/> Moving               | <input type="checkbox"/> Worse when cold    |
| <input type="checkbox"/> Cramping   | <input type="checkbox"/> Worse at night       | <input type="checkbox"/> Aggravated by diet |
| <input type="checkbox"/> Burning    | <input type="checkbox"/> Worse during the day | <input type="checkbox"/> Worse with stress  |
|                                     |   | <input type="checkbox"/> Other _____        |



**Please mark areas of pain**

If the pain is due to an injury, or you know the cause of the pain, please explain. \_\_\_\_\_

Is there anything that makes you feel better? \_\_\_\_\_

Please list your past surgeries or major injuries and their dates: \_\_\_\_\_

**GYNECOLOGY – PREGNANCY**

_____ Irregular period	_____ Painful periods	_____ Vaginal discharge
_____ Vaginal sores	_____ Clots	_____ Premature births
_____ Abortions	_____ Miscarriages	_____ PMS
_____ Heavy flow	_____ Light flow	_____ Spotting

Age at 1<sup>st</sup> menses \_\_\_\_\_ Number of live births \_\_\_\_\_

Date of last menses \_\_\_\_\_ Complications? \_\_\_\_\_

Duration of menses (days) \_\_\_\_\_ Current birth control method \_\_\_\_\_

Number of days from 1<sup>st</sup> day of menses to 1<sup>st</sup> day next menses \_\_\_\_\_

**NEURO-PSYCHOLOGICAL**

_____ Seizures	_____ Numb body areas	_____ Concussion
_____ Twitches	_____ Lack of coordination	_____ Depression
_____ Bad temper	_____ Loss of balance	_____ Stress
_____ Poor memory	_____ Anxiety	_____ Mood swings
_____ Irritability	_____ Tremors	_____ Other _____

Have you ever been emotionally, physically or sexually abused? \_\_\_\_\_

Have you recently had unusually stressful experiences, such as; divorce, death of a loved one, birth, marriage, bankruptcy, job loss, illness, injury)? \_\_\_\_\_

Is there constant stress in your life? \_\_\_\_\_

Do you use any recreational drugs?  No  Yes - if yes, how much/often? \_\_\_\_\_

Is there anything else you would like to discuss or comment about? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Have you ever had any of the following? If yes, please explain.**

Vaccinations _____	Frequent Tylenol use _____
Antibiotics _____	Blood transfusions _____
Aspartame intake – (Equal, diet soda) _____	High fish intake (large, predatory) _____
Heavy metal exposure _____	Chemical exposure _____
Pesticide exposure in home _____	Tick bite history (rash, joint pain) _____
Well water consumption _____	Travel history _____
Pets with infections, illness _____	Mold exposure in home or workplace _____
Electrical overexposure – high tension wire, work place, etc _____	_____